

SHARESIDENCES

EMIRATES

*Discover the epitome of wellness
in SHA Island at AlJurf.*

*The first healthy living island on
the planet crafted by the global
leader in health and well-being.*

*A place where every aspect and
every detail is designed for one
purpose: to improve your health
and help you reach your
full potential.*

WHAT IS OUR MAIN WEALTH?

Time?
Our loved ones?
Personal development?
Material goods?
The outdoors?

Different responses may come to mind, but only one can impact or enhance any one of them: **Our Health.**

SHA’s ***raison-d’être*** is to help you stay in the best health so that you can enjoy life to the fullest.

OUR DREAM

To improve people’s health from an integrative approach, helping them to achieve their fullest potential.

As a global leader in integrative medicine, we want to positively transform the lives of those who play a significant and multiplying role in society, thus making a positive impact on building a better world.

OUR VALUES

Excellence and **honesty** in everything we do, constant search for **evolution**, genuine **caring** and **happiness** are the values that define our identity, serving as the basis for each of our actions and behaviours.



THE SHA STORY

A STORY THAT TRANSFORMED HIS LIFE, AND THAT OF MANY OTHERS

SHA was born as a result of the personal experience of Mr Alfredo Bataller Parietti, who for thirty years suffered from digestive issues that conditioned his quality of life. Faced with a worrying diagnosis, he was fortunate enough to meet a doctor specialising in natural therapies and healthy eating (now a member of the SHA medical team), who found a solution to his illness.

Thanks to this recovery, Mr Alfredo Bataller decided to research natural therapies and healthy eating in order to share all this knowledge in a unique project that is today, SHA Wellness Clinic; a pioneering wellness clinic worldwide, where Eastern wisdom is integrated with the latest advances in Western medicine to improve people's health from an integrative point of view.

But his vision went even further, conceiving a plan for building an exclusive residential complex next to SHA, where you can enjoy all the health and wellness services offered by SHA Wellness Clinic in the privacy of your own residence.





THE SHA METHOD

**The most integrative and cutting-edge method
to transform your health and well-being in a simple and pleasant way**

The SHA Method combines the latest advances in scientific medicine with the most effective and proven natural therapies. It has a special focus on healthy and balanced nutrition, an approach that significantly enhances the positive impact that these disciplines would have individually.

This method is designed to enhance overall well-being. It unlocks your innate physical and mental capabilities while strengthening your immune system and empowering your body's natural ability to regulate and heal itself.



THE PLANET'S
HEALTHIEST PLACE
OF RESIDENCE CAN
BE YOURS TO OWN

Imagine owning a residence on the first healthy living island on the planet, with exclusive access to the world's pioneering wellness clinic in integrative medicine, with spaces dedicated to improving your health, surrounded by unspoilt nature. The ultimate experience of living well.

AN UNPARALLELED LOCATION

We have scoured dozens of locations for years in search of the perfect place to replicate SHA on the Gulf Region, looking for nature, privileged weather, and accessibility.

It was not easy.
We finally found everything we were looking for and more.

Nestled along the coast of Sahel al Emarat, was a place that was everything they had imagined, and more. A place with lush greenery and crystal-clear waters. A place where people could spend their valuable free time pursuing health through a life changing visit to the Island. A place that even enabled guests to completely embrace a lifestyle of wellness by making their home in a villa of their own on the breathtaking premises.

A place called AlJurf.





A WORLD OF *NATURAL BEAUTY*

AlJurf is built in the UAE's ancestors' vision for the nation, a tranquil sanctuary that is seamlessly integrated with its natural environment. It is where residents can escape city life and instead live inside a natural masterpiece dedicated to the preservation of life and the generation of legacy.

Here, you'll discover a world of natural beauty that includes lush gardens, pristine beaches, and a breathtaking coastline. With its own stretch of white sand beach, SHA Emirates sits across from the Al Jurf Development – amidst thousands of planted trees that form a verdant forest so guests will always be immersed in widely spread nature.

AlJurf is committed to sustainability, and its respect for the environment aligns perfectly with SHA Wellness Clinic's philosophy, emphasising the importance of preserving the natural environment and fostering a harmonious relationship between humans and nature.

AN UNSPOILT ENCLAVE NEXT TO AN UNIMAGINABLE OFFER

Live in an oasis of nature and health, an unrepeatable gem, just a few minutes from Abu Dhabi and Dubai, with an infinite offer of leisure, sports, entertainment, culture, shopping, or business.

AlJurf is your haven for a comprehensive well-being experience where wellness, leisure, and cultural heritage connect seamlessly. It is a unique destination that invites you to enjoy extraordinary surroundings in a tranquil lifestyle that honours nature and tradition, with wellness in mind.





ACCESSIBILITY.

Privileged land, air, and sea connectivity. Two of the world's best-connected airports, Dubai and Abu Dhabi, are just a few minutes away. A marina and a heliport are also available in the development itself.

Riyadh: 1h 35min

Delhi: 3h 45min

Moscow: 5h 20min

London, Paris, Madrid: 6h 55min

Shanghai: 5h 35min

THE WEALTH *OF WELL-BEING*

SHA Island offers an array of unique advantages provided by the world's best wellness clinic. It is a place where everything is meticulously designed to enhance your health and elevate your well-being journey. With world-class medical and wellness services, featuring top doctors, therapists, nutritionists, and fitness experts, we ensure a tailored and personalised approach to your health.

A mild and privileged climate invites you to enjoy wellness activities year-round while immersing yourself in the tranquil beauty of the area's natural landscapes. The seclusion of this exclusive retreat provides a peaceful environment, allowing you to focus entirely on your health and rejuvenation.

SHA Residences integrates seamlessly with SHA Wellness Clinic, creating a healthy living community where well-being is at the forefront of daily life. Experience the serenity and privacy of this location, away from the hustle and bustle of city living.

Welcome to your healthy home.









The SHA WELLNESS ISLAND

- | | |
|--|----------------------------|
| 1. The Resort + Wellness & Clinic Area | 10. Residential Villas |
| 2. Resort Villas | 11. Sikka |
| 3. Residential Apartments | 12. Resort's Swimming Pool |
| 4. Beach Club | 13. Private Beach |
| 5. Mind & Body Pavilion | 14. Public Beach |
| 6. Healthy Nutrition Pavilion | 15. Public Park |
| 7. Movement Pavilion | 16. Kids Park |
| 8. Wellness Kids Club Pavilion | 17. Utility Plot |
| 9. Marina Pavilion | |

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MOVEMENT *PAVILION*

A state-of-the-art space to enhance overall health through physical activity. This extensive facility embodies the epitome of modern wellness, with cutting-edge equipment, expert guidance, and tailored physical activities, it provides an immersive experience designed to elevate fitness levels and physical performance, foster holistic well-being, and inspire a lifelong commitment to health through exercise.





MARINE PAVILION

Exclusive experiences in a privileged spot on the island. Take advantage of being part of the Marine Owners Club, an indoor space dedicated to gatherings, leisure, and networking. The place includes a games room with pool tables and other entertaining features, as well as meeting rooms with breathtaking views.

The marina naturally offers outdoor activities such as sailing, yachting, and tailor-made sailing lessons, guaranteeing unforgettable moments on the high seas. Water sports and maritime activities for adventure lovers, such as jet skiing, parasailing, snorkeling, and paddle boarding, are also available at the marina.





HEALTHY NUTRITION *PAVILION*

SHA Island boasts a variety of culinary offerings focused on promoting health from its origins. Residents and guests can explore healthy restaurants and markets featuring organic, farm-to-table cuisine curated by renowned chefs.

The transformative healthy cooking classes are the core of this pavilion. Led by expert chefs, these classes provide hands-on experiences, guiding participants in crafting nutritious and delectable meals. Participants delve into the principles of SHA Nutrition, learning how to select and prepare ingredients to optimise health and vitality, thus enhancing their understanding and practice of a healthy lifestyle.





MIND & BODY *PAVILION*

A relaxing haven focused on mental and spiritual well-being through various holistic disciplines, including yoga, meditation, mindfulness, and Pilates. This pavilion provides a sanctuary for individuals seeking harmony and inner peace.

Led by experienced instructors, the sessions encompass different practices tailored to cultivate calm, emotional balance, and physical vitality.









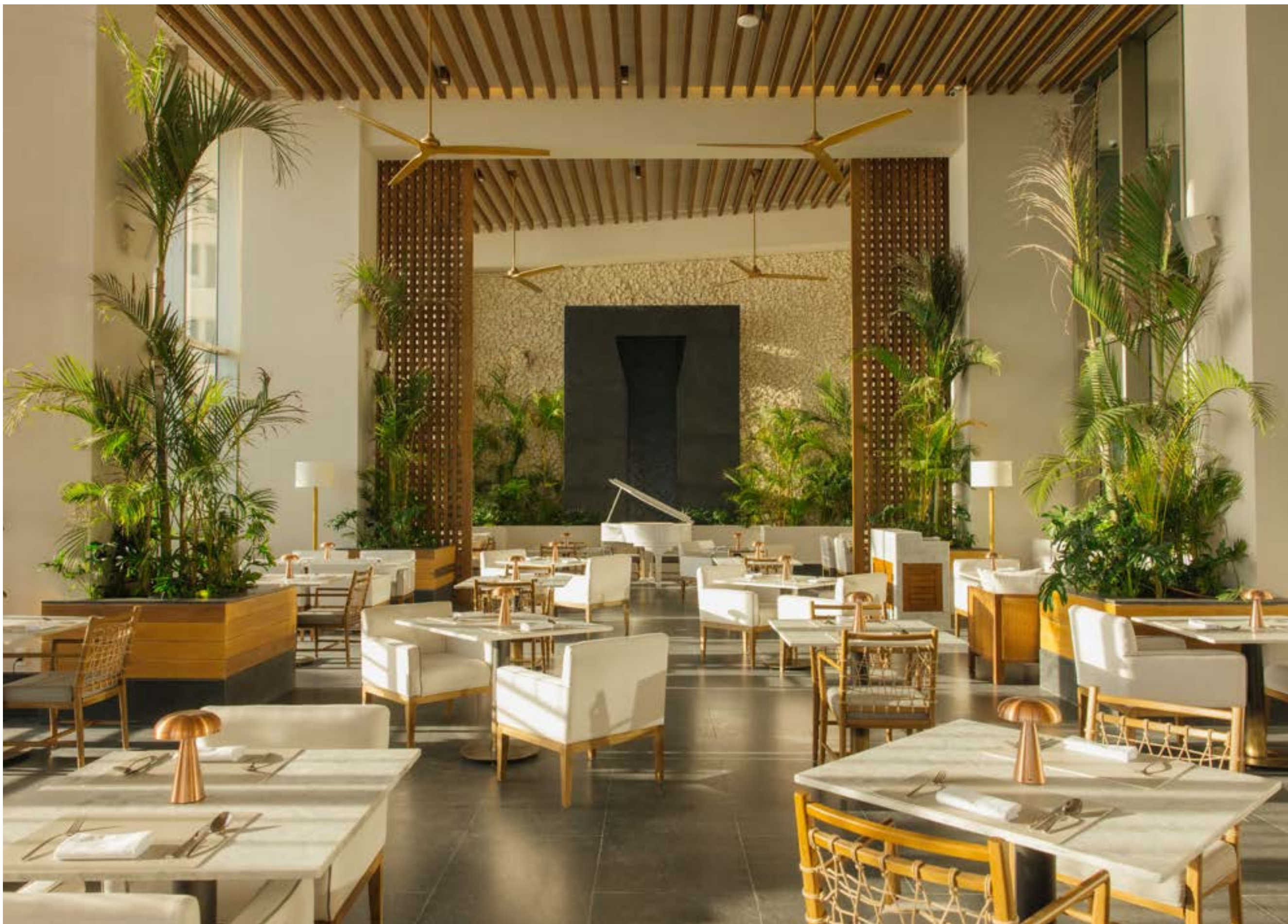
WELLNESS KIDS *PAVILION*

A vibrant and safe space for the little ones to play and learn about healthy living awaits in this colorful and entertaining pavilion. Through interactive activities, engaging games, and educational programmes, children discover the joys of physical activity, healthy eating habits, and overall well-being in an environment designed just for them.

BEACH CLUB

The perfect spot to unwind by the sea. A serene escape where gentle waves, warm breezes, and soft sands embrace relaxation, offering unparalleled tranquility. Here, time slows as you indulge in blissful moments of sun-kissed bliss. Savor healthy drinks and snacks while soaking in the rejuvenating atmosphere.





OTHER *FACILITIES*

Healthy Restaurants

SHA Nutrition offers a harmonious dining experience, prioritising balance, and vitality. Drawing from Eastern tradition and modern science, its tailored menus ensure optimal nourishment without sacrificing taste. SHAmadi provides therapeutic diets crafted for individual needs, promoting health and well-being. Earthy offers innovative, gastronomic, open, healthy cuisine, showcasing organic, seasonal, and locally sourced ingredients. Culinary artistry meets nutritional excellence, providing a flavoursome journey honouring body and palate. Whether seeking therapeutic support or gourmet indulgence, SHA Nutrition and its restaurants are committed to nurturing the body, mind, and spirit.

Hydrotherapy Circuit

Relax and rejuvenate at the on-site spa within the SHA Resort, offering a range of water facilities and wellness experiences.

Bike Routes

Embark on a journey of discovery through the island's stunning natural landscapes by traversing its dedicated routes of scenic bike paths.

Organic Garden

An environmentally conscious oasis dedicated to cultivating locally sourced foods, fostering sustainability, and honouring the delicate balance of our planet.

THE RESORT

SHA Emirates embodies the brand's commitment to health and well-being and stands out as the world's first wellness island project.

The complex is made up of 100 hotel suites and 10 oceanfront hotel villas, each with its private pool providing the guests with a wide range of options for their accommodation.

While at SHA Emirates, guests can choose from various hyper-personalised health programmes designed by world-renowned specialised experts to meet their needs and goals.



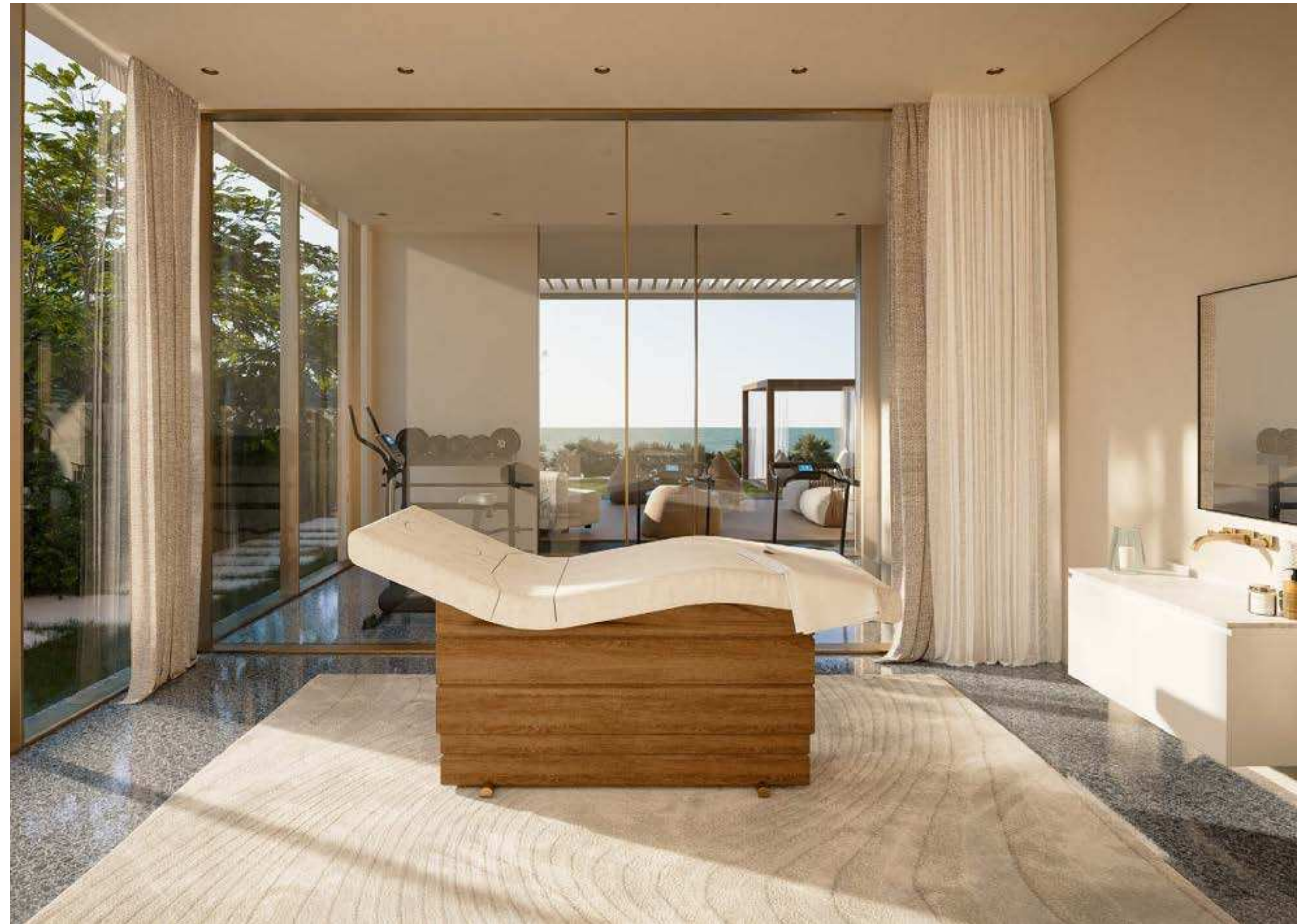


WELLNESS & CLINIC *FACILITIES*

SHA Emirates includes a Wellness & Clinic Area, which will house the health programmes. This area features medical consultation rooms with stunning views of the ocean or mangroves and dedicated mind and body rooms. Additionally, guests can indulge in a Hydrotherapy Circuit, complemented by yoga and meditation studios for holistic well-being.

A spacious Athletic's Club will offer different physical activities in addition to outdoor and indoor training areas, four movement studios, high-tech fitness equipment, and guided walking meditation routes.

Additional amenities include two restaurants, an infinity pool, a beach club, a games room, and a cinema. Guests can also access a library, meeting rooms, and The Chef's Studio, a cooking lab designed to host healthy living workshops.





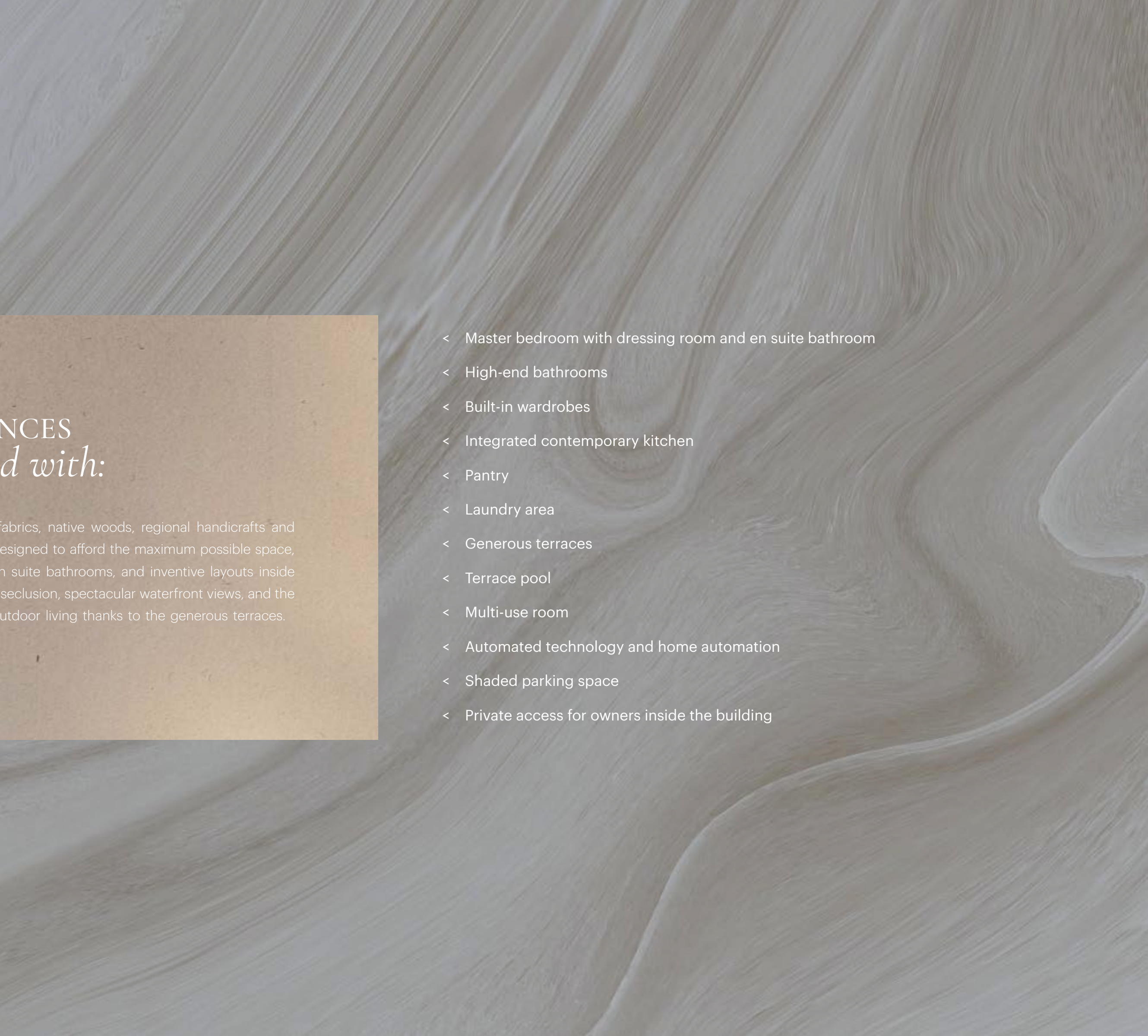
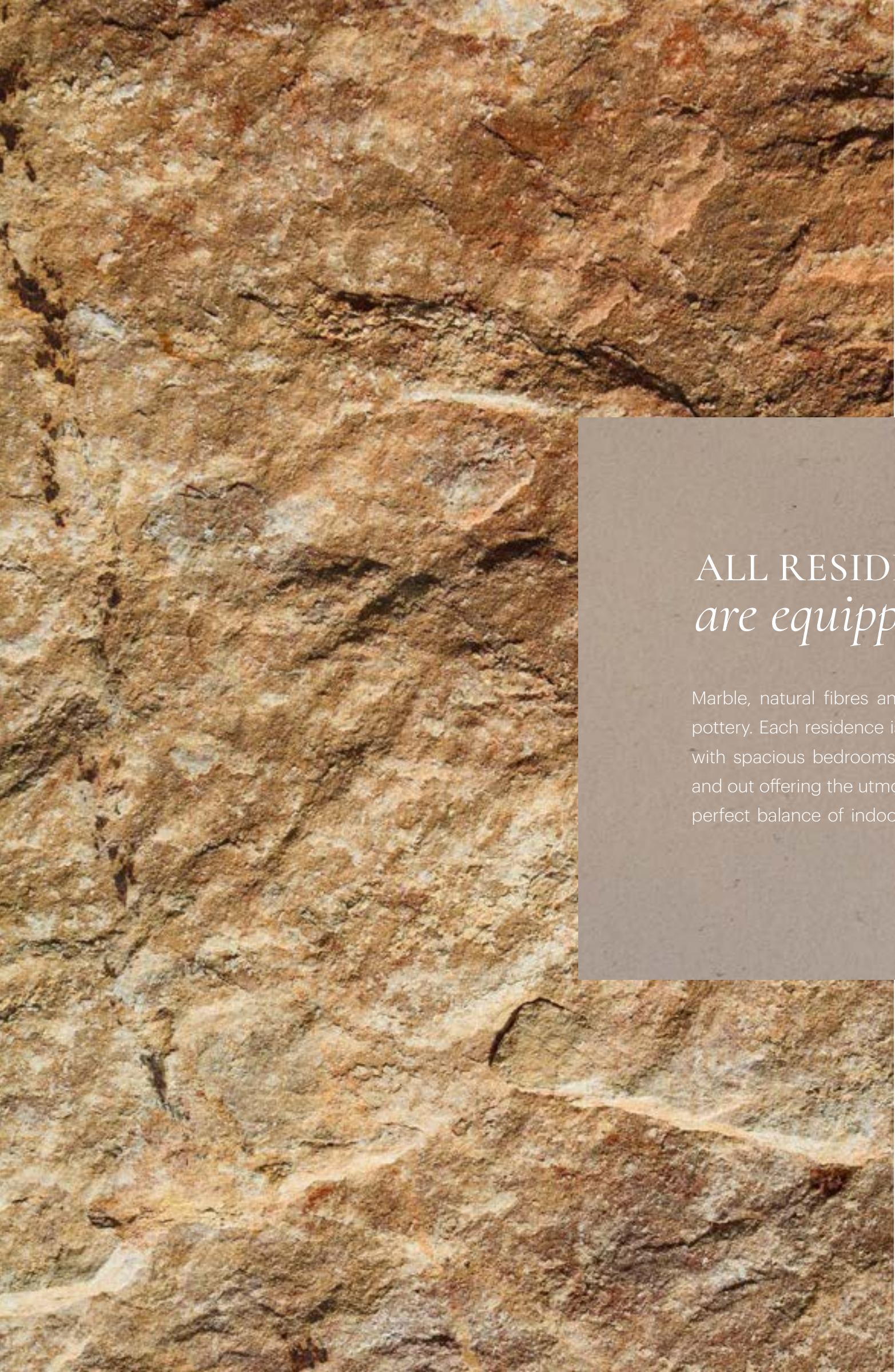
SHA EMIRATES RESIDENCES

The finest natural design

A harmonious interplay between the indoor space and the outdoor surroundings

Drawing inspiration from AlJurf's natural beauty, every residence is meticulously crafted not only to harmoniously integrate with its environment but also to leverage the natural surroundings. The open-concept layout features a fully equipped kitchen, seamlessly transitioning into an open dining area that leads to a floor-to-ceiling glass-walled living room. This living space seamlessly extends onto a shaded sun deck that offers stunning views of meticulously landscaped gardens and a sparkling pool, reflecting the serene turquoise hues of the Gulf in the background. Each residence has been thoughtfully positioned to maximize the flow of refreshing sea breezes, striking the perfect balance between captivating sea panoramas and practicality.





ALL RESIDENCES *are equipped with:*

Marble, natural fibres and fabrics, native woods, regional handicrafts and pottery. Each residence is designed to afford the maximum possible space, with spacious bedrooms, en suite bathrooms, and inventive layouts inside and out offering the utmost seclusion, spectacular waterfront views, and the perfect balance of indoor/outdoor living thanks to the generous terraces.

- < Master bedroom with dressing room and en suite bathroom
- < High-end bathrooms
- < Built-in wardrobes
- < Integrated contemporary kitchen
- < Pantry
- < Laundry area
- < Generous terraces
- < Terrace pool
- < Multi-use room
- < Automated technology and home automation
- < Shaded parking space
- < Private access for owners inside the building



VILLA DESIGN *and features*

SHA Wellness Island's villa designs are characterised by their modern aesthetic, bright and open interiors, and seamless access to private gardens and pools. The architecture aligns perfectly with the core values of well-being, offering residents an inviting and calming space to call home. Each villa incorporates natural and sustainable finishes, seamlessly integrating with the island's ecosystem, providing a harmonious living experience.

SHA Wellness Island represents a new paradigm in luxury living, offering an oasis of well-being, sustainability, and modern design on a private island in Abu Dhabi. Come, experience the art of living well in the heart of paradise.

The ground floor space comprised of open plan living, dining and a framed show kitchen with full length openable glazed panels overlooking the lush landscaped garden and large pool. The open plan versatility allows the indoors to blend seamlessly with the outdoors creating once cohesive space without

feeling limited or restricted for space.

The first floor is comprised of bedrooms that all have ensuite bathrooms and a family room overlooking the rear landscaped garden and pool. A large terrace extends the length of the first floor connecting the bedrooms and creating a large outdoor space outside the family room which again promotes the indoor, outdoor living lifestyle.

The villas are thoughtfully distributed across the island, offering a range of accommodation options to cater to diverse lifestyles. The four villa types - 3 beds, 4 beds, 5 beds, and 6 beds - are designed to provide maximum comfort and space while embracing the island's natural surroundings.

Experience the art of living well in the heart of the healthiest island in the world.



IN-RESIDENCE *Wellness Experience*

In the comfort of your own residence, you will have the privilege of indulging in an extensive selection of medical and clinical treatments and services provided by SHA Wellness Clinic. Whether it's a soothing massage, a Vinyasa Yoga session on the terrace with a breathtaking view of the Arabian Gulf, or a nutritious cooking class, these options are readily accessible

- Medical and healthy nutrition consultations
- Room service from SHA's health food restaurants
- Mind and body disciplines with wellness experts
- In-residence catering or live cooking with a private chef
- Water therapies, massages and beauty treatments



Sustainable BY DESIGN

The splendour of the encompassing wildlife and the pristine natural setting, both on land and along the coastline, emphasised the paramount importance of designing with a commitment to conserving and honouring the natural world and its precious resources. Within the residences, a range of passive design strategies, such as thoughtful orientation and the integration of wind and shading elements, play a pivotal role in minimising energy consumption.

Furthermore, the incorporation of energy-efficient appliances, intelligent monitoring and control systems, and solar-powered heating and electricity sources underscores our dedication to sustainability. Every facet of SHA residences has been meticulously crafted not only to mirror the beauty of nature but also to pay homage to it.



FULL FURNITURE *Package*

Elevate the comfort and aesthetics of your residence with the expertise of our acclaimed interior design team. Our comprehensive furniture package includes everything from sofas to beds, ensuring you have all the essentials to craft a sophisticated, organic, and harmonious ambiance.

We aim to provide you with a hassle-free home-buying experience, simplifying your life. By leveraging our volume, we offer competitive prices on top-quality designs, ensuring you can step in and enjoy. Collaborating with Siemens and leading technology firms, we're integrating cutting-edge housing systems* to create healthier homes. These include air and water purification systems, home automation for well-being, programmable lighting aligned with circadian rhythms, and sleep-enhancing rest systems to reduce oxidative stress.

* Please note that information on those systems which are not included in the house price, will be provided alongside the furniture package. Contracting these systems is optional for the buyer.

BECOME A *SHA RESIDENCES* *Owner*

SHA Island stands as an unparalleled residential community crafted by the global leader in well-being, where every detail is meticulously tailored to prioritise the health and well-being of you and your loved ones.

In undertaking a project of such magnitude, it is essential to gather members who embrace the ethos of a healthy lifestyle. This ensures not only peaceful coexistence but also the enduring maintenance and respect for the concept over time.

Families or individuals seeking to join the community will undergo a rigorous selection process to ensure alignment with SHA's core values of wellness. This process may entail completing a comprehensive form or receiving recommendations and endorsements from existing community members. Such measures are in place to guarantee a harmonious living environment for all residents.





Exclusive Benefits FOR OWNERS

Owners of SHA Residences enjoy the convenience of having the world-class services of SHA Wellness Clinic right at their fingertips. Within this close proximity, a plethora of expert professionals, including renowned doctors, therapists, personal trainers, and yoga or meditation instructors, along with skilled healthy-cooking chefs, are readily available to cater to your well-being around the clock.

SHA Residences gives you unprecedented access to SHA Wellness Clinic. Get professional services including top doctors and practitioners, therapists, personal trainers, and yoga or meditation instructors to healthy-cooking chefs, in the comfort of your own home. It's SHA experts, on call for you.



**Versatile Accommodation**

The villa types cater to various family sizes and preferences, with seamless waterfront views.

Private Beach Access

Every villa offers immediate access to a secluded sandy beach and private dock.

Spacious Living Areas

Ample space for family gatherings and entertaining guests.

Privacy and Security

Gated Island community with 24/7 security.

Exclusive Club Access

Access to the pavilions and clubs for a holistic lifestyle.

Additional Benefits

- > Maintenance service available (pre and post stay)
- > Access to the SHA Privileged Special Benefits Program
- > Full access to Healthy Living Academy activities
- > Membership in the select SHA Residences Owners Club

SHA Owners Club

Belonging to the select SHA Residences Owners club has many advantages: you can enjoy the residence exchange modality between owners in other SHA establishments around the world (SHA Spain and SHA Mexico).



SHA

HEALTH & WELL-BEING

SHA has been the global leader in health and well-being for almost two decades, having received dozens of international awards as a pioneer in the holistic wellness industry. It has a presence in Spain, where it founded its first establishment, as well as in the Americas, in a privileged enclave in Mexico, and will soon open its doors in the United Arab Emirates.

The mission of SHA is to aid individuals in living longer, healthier lives through a holistic and comprehensive approach to health. The SHA Method, developed and supervised by world-renowned experts, integrates cutting-edge treatments of scientific medicine, particularly in preventive, genetic, and well-ageing medicine, with highly effective natural therapies, notably focusing on therapeutic nutrition. SHA has transformed the lives of over 70,000 individuals worldwide from diverse cultures and religions who have entrusted their health to SHA, including numerous public figures, heads of state, and royal families.

To meet each individual's needs and wellness goals, SHA provides different health programmes designed by a team of experts in preventive and integrative medicine. The programmes are hyper-personalized and carefully tailored to each guest upon their arrival, always after different specialists carry out medical and therapeutic assessments. SHA is a life experience that marks a before and an after, where health is understood not only as the absence of disease but as an optimal state of complete physical, mental, and spiritual well-being in harmony with the environment to achieve ideal weight, optimal performance, and great vitality.



إمكان
I M K A N



IMKAN

REAL ESTATE DEVELOPER

IMKAN is a property development and investment company with a focus on creating unique and vibrant urban projects. The company is known for its innovative approach to placemaking, which involves designing areas that foster a sense of community, well-being, and sustainability. IMKAN is committed to developing soulful places that enrich people's lives by integrating research-based approaches and ensuring a strong emphasis on human well-being.

IMKAN is developing a range of projects, including AlJurf and SHA Emirates, which exemplify its dedication to blending natural surroundings with modern living, providing residents with a harmonious and environmentally conscious lifestyle. The company's portfolio includes a diverse range of developments, from residential communities to mixed-use destinations, all of which are characterized by their commitment to creating holistic, human-centric environments.

HBA

HOSPITALITY DESIGN

Hirsch Bedner Associates (HBA) stands as a preeminent hospitality design firm globally, pioneering the industry since 1965. Renowned for crafting distinctive aesthetics for luxury brands, it shapes the world’s most anticipated hotels, resorts, spas, and other hospitality areas. HBA’s international reach, extensive experience, and industry insight position them as trendsetters, identifying design trends at their origin and influencing global standards. HBA’s designs, responsive to location, architecture and client vision, redefine excellence in interior design across continents.

HBA consistently garners accolades such as Hospitality Design Awards, Best of Year Awards, Boutique Design’s Gold Key Awards, AHEAD Awards, DNA Paris Design Awards, SBID International Design Awards, International Property Awards, and International Design Awards, reflecting their commitment to elevating and enriching client, owner, and operator brand experiences.



OTAK

DESIGN & LANDSCAPE

Established in 1981, OTAK has evolved into the premier multidisciplinary architecture and urban design firm across the western United States and the Middle East. The name “OTAK” derives from the initials of its founders—Nawzad Othman, Ralph Tahrán, and Greg Kurahashi. Renowned for smart growth planning, sustainable design, and innovative transportation solutions, OTAK has garnered acclaim as an award-winning firm in architecture, engineering, landscape architecture, planning, and construction project management.

Acquired by HanmiGlobal in 2011, OTAK has achieved profitable growth through both organic expansion and strategic acquisitions, with offices now spanning three states. Notable additions such as DAY CPM, Loris and Associates, and V3 Studios have enhanced their capabilities in project management, design, and architecture, respectively. Guided by principles of creativity, integrity, and skill, OTAK’s landscape architecture endeavours focus on improving lives, connecting people and places at a human scale, and promoting environmental stewardship.



SAOTA

ARCHITECTURE & DESIGN

SAOTA, a leading architectural firm, is recognised for its innovative and dedicated approach to global projects. The firm has established a prominent international presence with projects spanning six continents. SAOTA's success is attributed to a design philosophy that harmoniously blends function and form, creating solutions that embody true architectural design.

The focus on delivering maximum value has garnered global invitations for prestigious projects. The firm's spirit of inquiry among its staff maintains its position as a definitive player in the competitive architectural industry.

Utilising cutting-edge technology, SAOTA is a world leader in employing tools like Revit and virtual reality to understand and communicate designs effectively. The global marketplace serves as a boundless source of inspiration for SAOTA, evident in its adaptable and dynamic approach to design.

SAOTA



SIEC

ENGINEERING & ARCHITECTURE

Established in Dubai in November 2014, Studio International Engineering Consultants (SIEC) is a boutique design studio comprised of Architects, Planners, and Project & Development Managers with vast regional and industry experience. Renowned for its dynamic market entry, SIEC swiftly secured high-profile projects, offering end-to-end development solutions including Architectural Designs, Engineering, Landscape Design, Infrastructures Design, Interior Design, and Project Management.

With a diverse portfolio of over 200 projects, SIEC holds a 4-star rating from Dubai Municipality Pre-Qualification Section. The firm's stellar reputation is solidified by accolades such as the 2019 Architectural Firm of the Year Award for Architectural Excellence at the Design Middle East Awards and the 2021 Architectural Firm of the Year by Architecture Leaders Awards. SIEC's rapid success reflects its commitment to delivering quality solutions, making it a prominent player in the dynamic Dubai market.

SIE
CONSULTANTS